## STRATEGY

Kathryn Sandford

M2M



# WHAT DOES PERSONAL GROWTH MEAN TO ME

AND HOW CAN I START THE PROCESS



#### INVESTING IN ME









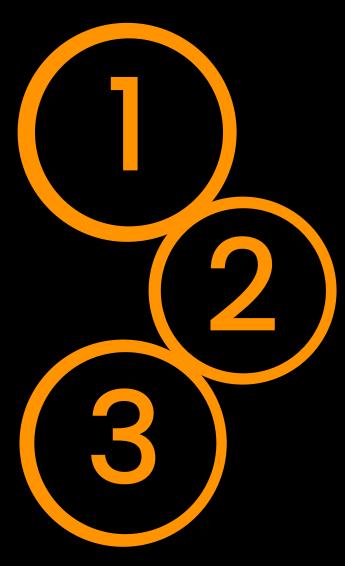
MY GROWTH MY LEARNING MY WELLBEING MY FUTURE

#### WHAT IS MY ROI



#### HOW DO I START





THE WHY
Why do you need a personal brand?

THE WHAT
What makes up a personal brand?

THE HOW How do you get one?

#### WHO AM I



#### **PROFESSIONALLY**









#### **PERSONALLY**

#### LET'S GET STARTED

## POLL QUESTION #1

Has your personal brand contributed to your career success?

"Bring the best of your authentic self to every opportunity."

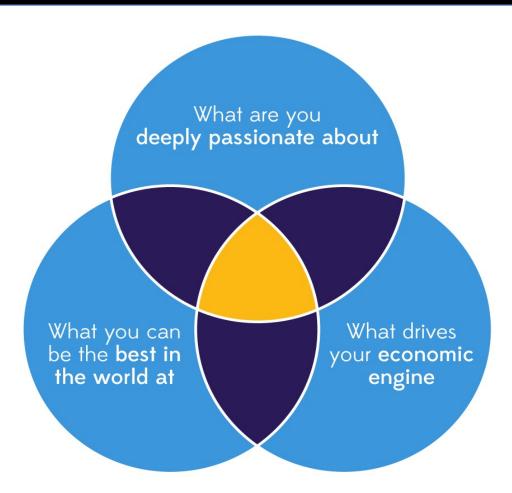
John Jantsch



#### THE WHY

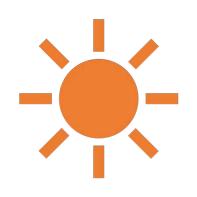
# Why do you need a personal brand?

# VISION – THE HEDGEHOG CONCEPT



Source: https://www.jimcollins.com/concepts/the-hedgehog-concept.html

### WHY NOW?







**CLARITY** 

I know who I am

**FOCUS** 

I know what I need

**DIRECTION** 

I know where I'm going

#### EROSION OF TRUST

- Govt media distrust spiral
- Excessive reliance on business
- Mass class divide
- Failure of leadership in govt, media and business

## THE TRUST EQUATION



FOCUS
(MOTIVES)

Are they focused on their interest or mine?

I'm an introvert, how do I build my personal brand? I'm not good at networking, does that mean my personal brand sucks?

#### LET'S CHAT

I am successful in my career – how would a personal brand help me now?

Can you show me some tools on how to build my personal brand.

Is a personal brand just a social media profile?

#### THE WHAT

What makes up a personal brand?

# REALITY CHECK



#### MINDSET APPROACH

"Failure is an opportunity to grow"

#### GROWTH MINDSET

"I can learn to do anything I want"

"Challenges help me to grow"

"My effort and attitude determine my abilities"

"Feedback is constructive"

"I am inspired by the success of others"

"I like to try new things" "Failure is the limit of my abilities"

#### FIXED MINDSET

"I'm either good at it or I'm not"

"My abilities are unchanging"

"I don't like "I can either do it, to be challenged" or I can't"

"My potential is predetermined",

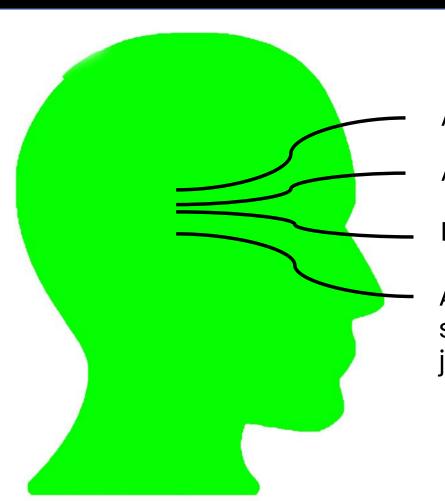
"When I'm frustrated, I give up"

> "Feedback and criticism are personal

"I stick to what I know"

Credit: Fabio Sinibaldi

#### PERSONAL BRAND MINDSET



Are you ready to commit and be accountable?

Are you ready to invest in YOU?

Do you know what your drivers are for personal change?

Are you aware of your obstacles, fears or limiting self beliefs' that you have to deal with on your journey of change?

# KNOWING YOURSELF



## WHAT MAKES YOU UNIQUE?









**PURPOSE** 

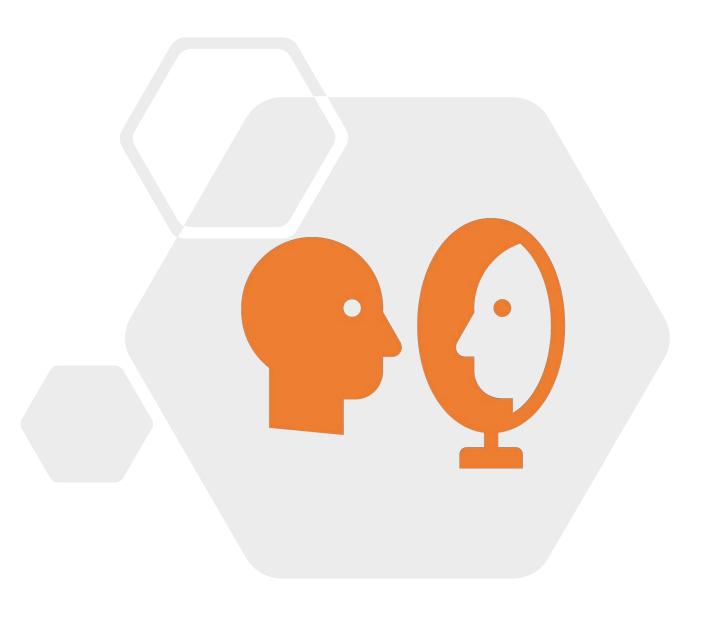
**VALUE** 

**STRENGTHS** 

**SKILLS** 

#### **PURPOSE**

It's what you do to bring your 'vision' into reality.



#### **VALUE**

These are core principles that give meaning to your life — a set of standards on which you base your attitudes, choices, and actions.



#### **STRENGTHS**

These are ways of behaving and acting that come easily to you and make you feel good when you're using them.



#### SKILLS

These are things that you've learnt and developed and kept current through practice and ongoing learning.



### POLL QUESTION #2

Would you find this question difficult to answer:
"Tell me about yourself?"
(In one sentence)

#### TAGLINE



Your tagline states what you expect from yourself and what others experience from being around you.

It's the promise you make to yourself and how you show up in the world.

#### TAGLINE EXAMPLES



#### Kathryn Sandfor

I See Potential | Personal Strategist | Intuitive Recru Coach | I Put People's Gr Future Possibilities & Succ The Centre Of Everything

View full profile



#### **Rachel Klaver**

Helping you build a personal b that builds your business. | Co marketing for small biz ( marketing for small biz ( marketing strategy, action plans, coachite Content Masterweb | Sperioryteller. Podcast: MAP I Marketing

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#### **Stuart Little**

Creating Extraordinary Sal Success for Business & Rock Roles for Individuals using t INSession LinkedIn Experien Reinvention Coach I Bran Evolution I Digital Creative Metaverse & NFT Advocat

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#### Jason Yuan

I don't usually stalk profiles, but when I do I probably have a career opportunity for you. Let's find out!



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"If you don't get out there and define yourself, you'll be quickly and inaccurately defined by others.

Michelle Obama



#### YOUR THREE WORDS



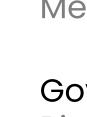
Three specific words or phrases that employers look for as a match for their requirements for a specific position.

#### THREE WORDS EXAMPLES





Visionary | Strategic | Energizer Kathryn Sandford



Best-Selling Author | Entrepreneur | Researcher Mel Robins



Governance | Strategy | Mana Wāhine Ripeka Evans



Optimistic | Tenacious | Sense of humor Niandong Wang

#### CRAFTING YOUR STORY

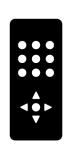
- Set your personal goals
- Create your unique value proposition
- Prepare your professional story
- Determine which platforms will support your personal brand
- ldentify what you want to be known for e.g. sharing your knowledge and expertise

#### THE HOW

How do you get one?

#### ONLINE FOOTPRINT









**KNOW** 

CONTROL

**FOCUS** 

**PREPARE** 



### GOOGLING MYSELF

Nearly 50% of US adults say the results aren't positive.

Source: www.forbes.com

### SOCIAL MEDIA AUDIT

70% of U.S. recruiters and HR professionals have rejected candidates based on information they found online.



#### LINKEDIN TIPS



We find 95% of our successful candidates on LinkedIn

# CV ONLINE COURSE

Most HR professionals (72%) say a resume is very important when evaluating an applicant.



#### **CV TEMPLATES**



Your resume has 6 seconds to impress a recruiter.

Source: www.medium.com

"A personal brand is about you not focusing on perfection but focusing on how you want to touch other people's lives"

Kathryn Sandford





## Q&A TIME

#### RESULTS

Understand your professional and personal 'landscape'

DATE: Wednesday 16 March 2022

TIME: 10am - 12pm

# THANK YOU





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